Where Origami Cranes Originated:

In East/Southeast Asian culture, cranes are important symbols of good health, truth, loyalty, longevity, and devotion to family. Cranes were respected animals and being compared to one is taken as a compliment. Perhaps you have seen many paper cranes in various areas and wondered why? Well it all originated in the 1700s in Japan.

There was a book published called “How to Fold 1,000 Paper Cranes”, and it was the first book of its kind. The Japanese legend is that the person with the required patience and commitment to folding all 1000 paper cranes would be granted their most desired wish. The wish is granted due to the person’s ability to continuously recreate the crane’s majestic beauty and show loyalty to the task at hand.

Almost two centuries later, World War II broke out and Japan’s loyalty was to the Axis powers (Germany and Italy). Because Japan was on the opposing side of the United States, there were Japanese internment camps put in place by Franklin Roosevelt’s Executive Order 9066. The American government feared anyone of Japanese descent as they thought they were spies. The internment camps were in place from 1942-1945.

In 1945, the United States ended World War II with the first nuclear warfare. Two atomic bombs were dropped in Hiroshima and Nagasaki, Japan. The
repercussions of this were tremendous and many people who were exposed to the bomb radiation developed leukemia. Sadako Sasaki, being two years old at the time, was one of them.

Sadako grew up suffering from leukemia. She learned of the 1000 paper crane legend and folded paper cranes while fighting the deadly disease. Her ultimate wish was to get better and attain peace for everyone on Earth. Sadako unfortunately died at the age of twelve and had only folded 644 paper cranes before her death. Her classmates inspired by her powerful story folded the last 356 cranes in memory of her. All cranes folded were buried with Sadako in memory of her and her selfless wishes.

Source: https://1000cranes.com/about-us-2/the-1000-cranes-legend/

How To Your Own Origami Crane

1. Fold a square piece in half to form a triangle

2. Fold the triangle in half again to form a smaller triangle

3. Undo the fold in step 2. Lift the left flap of the triangle

4. Open the flap from step 3

5. Press the flap down, then repeat step 3 and 4 on the other side
6. Once you finished step 5, it should look like this

7. Turn the square so the opening is facing you, fold the flaps along the central crease, then unfold it (creates a crease)

8. Open the square and pull it upwards (away from you)

9. Press on the top as you open the flap

10. Fold the sides in to create a diamond shape

11. Turn and repeat steps 7-11

12. Once you finish step 10, it should look like this, repeat on other side

When you have this diamond shape, fold the bottom of the flaps in
13. Turn over and repeat step 12 on the other side.

14. Take the bottom and fold it upwards, repeat on the other side.

15. For the head, push down on the tip. The tip will then flatten out to create the head. Bend the triangular shapes down to form wings.

16. The end result should look like this:

Click for the source link.