

# T'ai Chi Chih

with accredited teacher Kathleen McAllister



Spring 2019 Class Schedule:

**Thursdays at 1:00**

March 7, 14, 28 (No class the 21st)

April 4, 11, 18 (No class the 25th)

May 2, 9, 16, 23, 30

For adults only. Wear comfortable, loose clothing. Please do not come to class sick - we want everyone to remain healthy! In case of inclement weather check for cancellations on the library's Facebook or Twitter or call (610) 356-1510.

**NO REGISTRATION REQUIRED**

